

Staying Healthy Has Never Been Tastier & Easier

Fruit Juicy Shake

1 serving of Strawberry Formula 1
 250ml semi-skimmed milk
 1 cup strawberries
 1/2 grapefruit
 4-6 ice cubes (optional)
Only 320 calories*



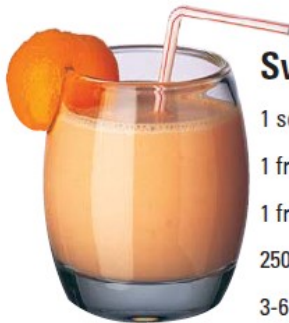
Mocha Shake

1 serving Chocolate Formula 1
 1 teaspoon instant decaffeinated coffee
 250ml semi-skimmed milk
 1/2 banana
 4-6 ice cubes (optional)
Only 260 calories*



Sweet Sensation Shake

1 serving of Tropical Fruit Formula 1
 1 fresh peach
 1 fresh apricot
 250ml semi-skimmed milk
 3-6 ice cubes (optional)
Only 330 calories*



Peach Shake

1 serving of Vanilla Formula 1
 250ml semi-skimmed milk
 1 fresh peach
 4-6 ice cubes (optional)
Only 240 calories*



200 Calories

=



More **VITAMIN A** than a mango



More **VITAMIN C** than a banana



More **PROTEIN** than a 62g chicken thigh



More **FIBRE** than 50g broccoli



More **CALCIUM** than 200g yogurt



More **IRON** than 115g beans

RecruitSystem.com

Your Friendly Herbalife Distributor: